



**COLLEGE BASKETBALL**

The history of basketball in Borgomanero extends all the way back to 1972. The immediate history of the College Basket program can be traced back to 2002, when the current College General Manager Federico Ferrari and President Luca Negri took on the running of the “Cimberio Borgomanero” club. The numbers grew steadily over the following years, with the senior team gaining promotion to Serie C. In 2010, the club was rebranded to become “College Basket”.

Over 1000 athletes now are part of the College Basket family, including a number of affiliate clubs in the Novara region who feed their best players onto College. College now enjoys a reputation across Europe for the high quality of its youth program, featuring some of the best youth prospects domestically within Italy, and also from across Europe. The program is supported by one of the largest professional youth coaching staffs on the continent, with 8 professional full-time basketball coaches and 2 full-time support staff including a strength and mental coach. The Serie C senior team at College (Italian third division) is comprised entirely of youth players.

The mission of College is to create a transformational experience for all youth players, regardless of whether they are playing at the grassroots or elite level. For players on the elite side of the program, the aim is to provide a comprehensive experience to grow young people as both basketball players and young adults, preparing players for professional careers if that is what they desire.



# COLLEGE BASKETBALL

# Coaching Staff

**College Basketball General Manager**  
Ex-professional player, Federico first played in Borgomanero and then became the founder of the College Basketball program. Visionary, always open to new projects and ideas to improve the development of our future pro players



**GM**

**Federico Ferrari**



**YC**

**Francesco Rossi**

**Youth Coordinator**  
Fra worked 15 years in College Basketball he's a volcano of ideas and the real mastermind of our philosophy. He coached all around the world, from USA to Japan, passing by Africa too, to learn, improve and sharing his concepts

**Head Coach**  
Italy National license Coach, Stefano is the head coach of our senior team since 2008. He is also a certified FIBA Head Coach and a Italy National Coaches developer



**HC**

**Stefano Di Cerbo**



**AC**

**Gabriele Scalise**

**Athletic Coach**  
He has a National license and a Master Degree in sport science. He worked for Fenerbahce Basketball and he is University professor assistant. Gabriele has Italian and USA official licenses.

Originally from England, Alex has coached all over the world. Previously working for NBA Europe, Alex's focus at College is player development. He also works for the world's largest coach education site, Basketball Immersion.



**COACH**

**Alex Sarama**



**COACH**

**Alessandro Scaglia**

**International Coach**  
Ale worked for two of the most important Italian youth sectors (College & Biella) he lived 2 years in China as Coordinator for the YBDL Allen Iverson Academy and works for many USA and France summer camps.



PIJCYK RADOM najlepszym klubem zapasowym w Polsce od 2017  
Dziękujemy naszym Sponsorom: WIND, PTT, KAPPA, KARL LAGERFELD, GUESS, CALVIN KLEIN, BURBERRY, PRADA, GUCCI, HERMÈS, CHLOÉ, CÉLINE, DIOR, FENDI, GIVENCHY, LOUIS VUITTON, PRADA, GUCCI, HERMÈS, CHLOÉ, CÉLINE, DIOR, FENDI, GIVENCHY, LOUIS VUITTON

*Teams*

*C Gold*

*Under 20 ECCELLENZA*

*Under 18 ECCELLENZA*

*Under 16 ECCELLENZA*

*Under 15 ECCELLENZA*

*Under 14 ELITE*

*Under 13 ELITE*

*Mini*  
**BASKET**

*Under 12*

*Under 11*

*Under 10*

*Under 9*

*Under 8*

**COLLEGE BASKETBALL**

# *The BASKETBALL PROGRAM*

*Upon joining the College Family, players represent a College age group team. The practice schedule each week comprises of four team practices, four strength & conditioning / movement practices, two individual or small group practices and one game (sometimes two games for U18 players) per week. One day is used as a rest day with no basketball.*

## *Personalised STRENGTH & CONDITIONING*

*The strength program is led by Gabriele, joining College directly from one of Europe's powerhouse EuroLeague teams in Fenerbahce. Gabriele creates personalised programs for every player from U16 upwards participating in the elite sector of College Basket. Additionally, College's legendary physio "Primo" (aka "First") takes care of all rehab and recovery needs, proudly serving in this role since basketball first started in Borgomanero way back in 1972!*

## *MENTAL COACH*

*College are one of the only youth programs in Europe to have a sports psychologist as part of the support staff. The mental side of the game is critical for athletes, and players benefit individually from regular meetings and workshops to take their mental game to the next level.*

# COLLEGE BASKETBALL



**Borgomanero contro il Barcellona**

Ieri l'Under 15 del College Borgomanero ha terminato il torneo internazionale di Tenerife, dove ha affrontato anche il Barcellona perdendo 74-40. La settimana scorsa l'Under 14 ha chiuso con tre vittorie e un ko la prima tappa dell'European Youth League a Budapest. M. C.



**International Tournament**

**EYBL**  
European Youth Basketball League

**JIT Lissone**

**Novi Più CUP**

**Trofeo MALAGUTTI**

**Mare di Roma Trophy**

**PUMPKIN**

# COLLEGE BASKETBALL

*College's extensive experience with players from all over the world has allowed us to develop strong relationships with local schools. Public and Private School, with different addresses including Linguistic, Classical, Scientific High School as well as Technical and Professional Institutes.*

*Classes will take place from Monday to Friday during the morning, while the institutes will guarantee flexibility to players if they are engaged in sports with College Basketball, in order to ensure a perfect combination of sport and education.*

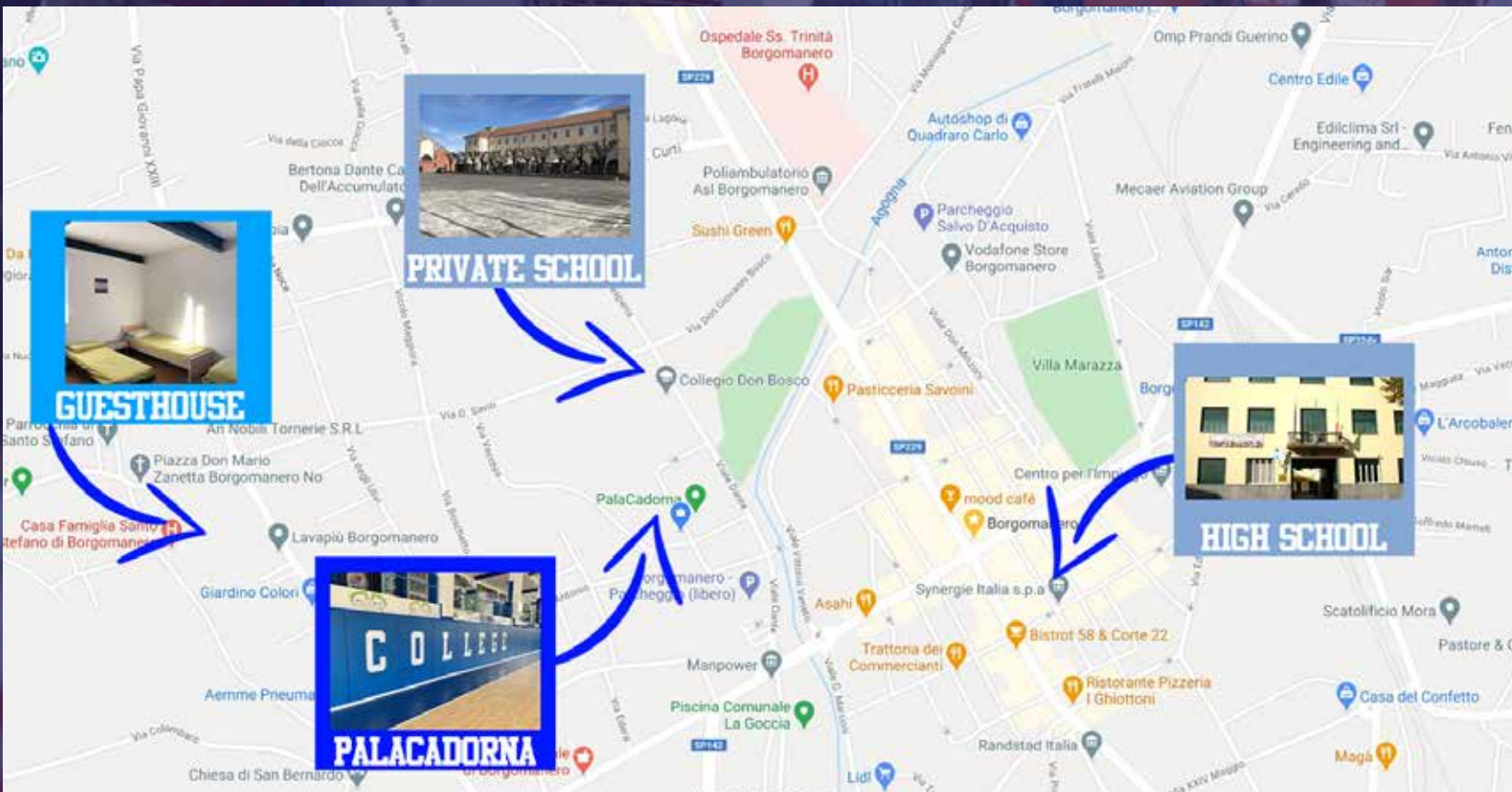
Scuola

Sport


Regole





# COLLEGE BASKETBALL



# **PALACADORNA**

**GuestHouse 5min** 

**Private School 2min** 

**High School 3min** 

# COLLEGE BASKETBALL





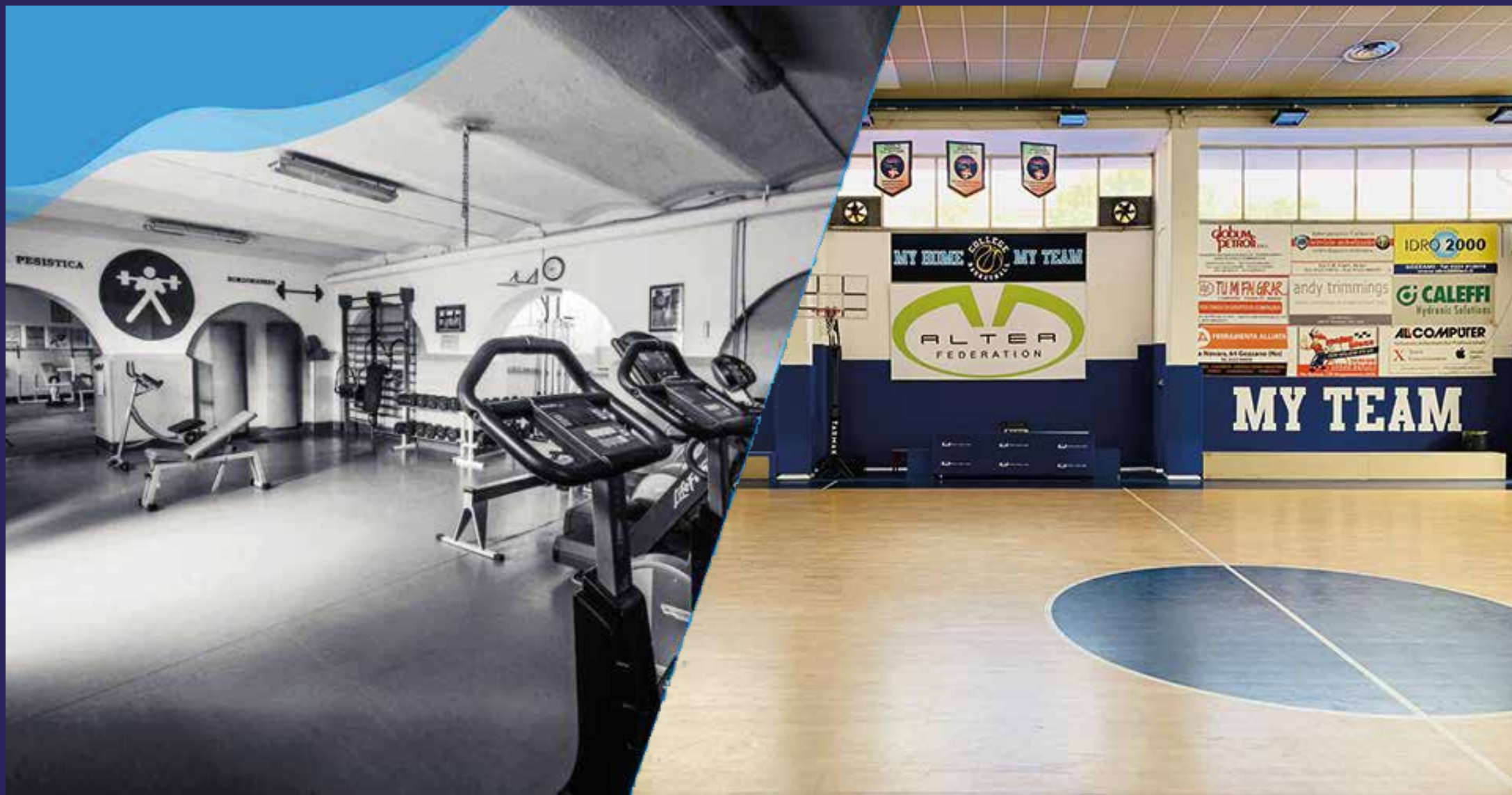
*The College Residency is home to some of our coaches, but predominately all the players that join the College Family from outside the local area. The guest house opened in 2013 for the first players - Boris Petrov and Flavio Gay - and since then many young people have come through our doors.*

*Today, the guesthouse hosts 11 young players from Italy and around Europe. Young people live their life away from home but in a supportive and safe environment, where they eat healthy food prepared by our dedicated chef, in addition to studying and enjoying moments of free time. Many players who have grown up at College count their time in the residency as one of their happiest memories of College, building incredibly strong bonds with the other players and coaches.*

# COLLEGE BASKETBALL

# Residency





# COLLEGE BASKETBALL

# Weekly Schedule

**Monday**    **Tuesday**    **Wednesday**    **Thursday**    **Friday**    **Saturday**    **Sunday**

**MORNING**

**SCHOOL**    **SCHOOL**    **SCHOOL**    **SCHOOL**    **SCHOOL**    **INDIVIDUAL PRACTICE**    **SHOOTING PRACTICE**

**AFTERNOON**

**TEAM PRACTICE**    **INDIVIDUAL PRACTICE**    **TEAM PRACTICE**    **INDIVIDUAL PRACTICE**    **TEAM PRACTICE**    **GAME TIME**

**EVENING**

**TEAM PRACTICE**    **TEAM PRACTICE**    **SENIOR TEAM GAME TIME**

# COLLEGE BASKETBALL



## ***Borgomanero***

*Borgomanero is a modern town with a population of 21,000 people, located in the province of Novara in the Italian region of 'Piedmont.' The town has a strong historical and cultural identity as a result of its central location between two major Italian cities: Milano and Torino. Borgomanero is just a 15 minute drive from Lake Maggiore, in a region known for its vineyards and wine- production.*

## ***Milan***

*Regarded as a global capital of fashion and luxury, Milan is a city needing little introduction! The second largest city in Italy, every year over 8 million tourists visit Milan attracted by its museums and art galleries that include some of the most important collections in the world.*



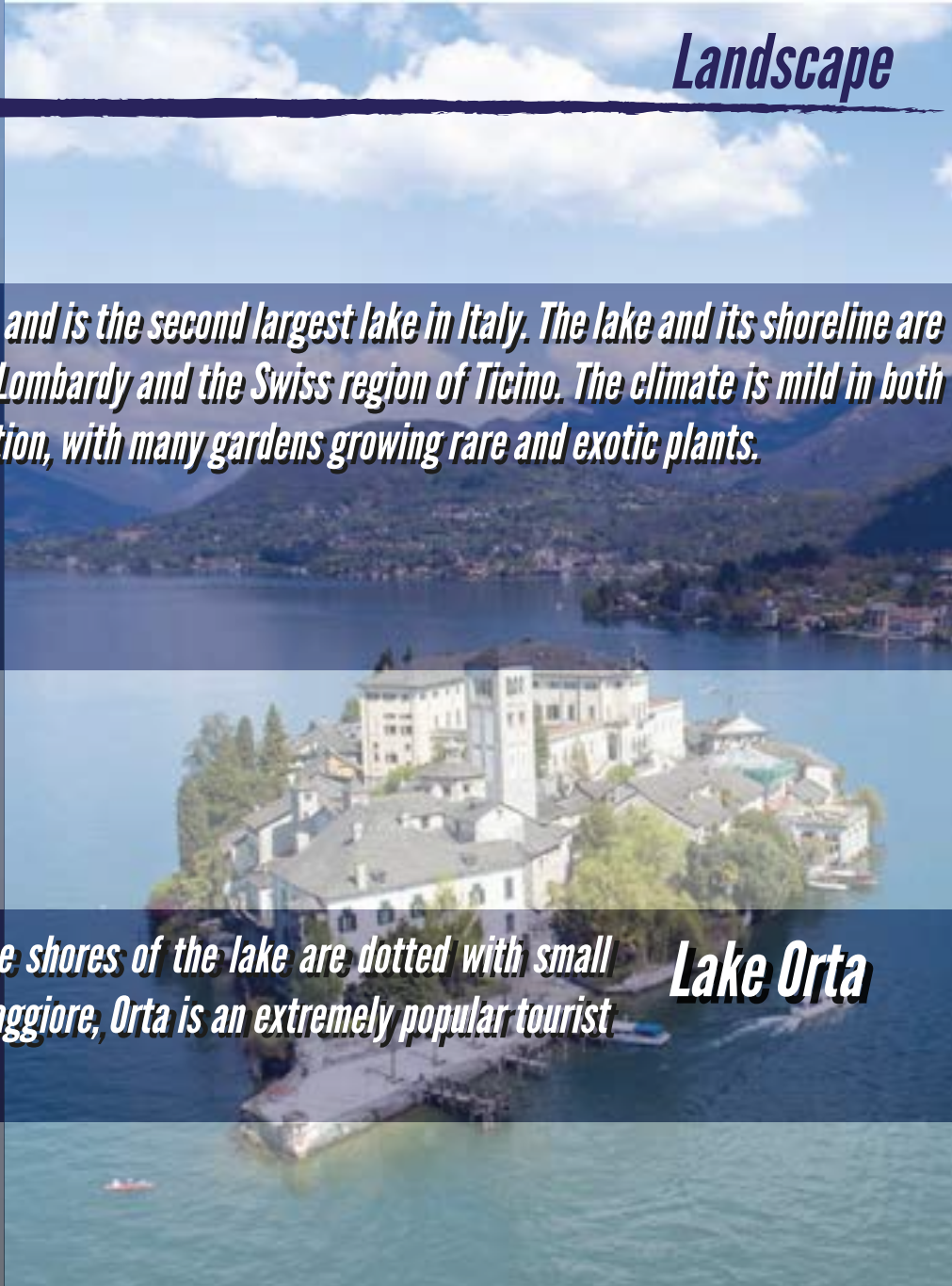
## ***The Alps***

*Borgomanero is nestled in the footholds of the Alps. The peaks of the Alps can be enjoyed from almost every location within the town. The Alps are the highest and most extensive mountain range in Europe, with the "Alpine Traditions" of farming, cheesemaking, and woodworking still prevalent in many villages close to Borgomanero.*

# COLLEGE BASKETBALL

***Lake Maggiore***

*Lake Maggiore transcends both Italy and Switzerland, and is the second largest lake in Italy. The lake and its shoreline are divided between the Italian regions of Piedmont and Lombardy and the Swiss region of Ticino. The climate is mild in both summer and winter, producing Mediterranean vegetation, with many gardens growing rare and exotic plants.*



*Lake Orta is regarded as the smaller cousin of the majestic Lake Maggiore! The shores of the lake are dotted with small picturesque villages, ancient villages and small fishing harbours. As with Lake Maggiore, Orta is an extremely popular tourist destination for families, sports lovers, and for young and old who love nature.*

***Lake Orta***

**COLLEGE BASKETBALL**

***INTERNATIONAL COACHES***

***INTERNATIONAL GUESTS***



***PLAYERS FROM ALL OVER THE WORLD***

# **COLLEGE BASKETBALL**



**Marco Rupil - Professional Player**

*“My time at College was the reason I am at where I am today. Even after graduating from the College program, I remain a proud member of the College Family and always return in the off- season to work with Coach Rossi and the rest of the staff. I’m grateful for everything College has done for me!”*

*“The lessons I learnt from my time at College are what prepared me for the highest levels of international and professional basketball. The coaching staff are extremely dedicated and only want the best for the players they work with. There is no place like College!”*



**David Okeke - Professional Player**



### When do players go home?

*The College program runs for 10 months, with players going home in July & August. There is also a short break during Christmas for the holidays, where players also travel home for one week. Players are of course welcome to go home at other points during the year, particularly school holidays. College shares the calendar for the year at the start of the season (August or September) so that families can mark their holidays and plan ahead for the year. When players go home in the summer, we recommend getting lots of rest and enjoying time-off with their families.*

### What happens if a player is sick?

Upon arrival, players are registered at the local doctor should a situation arise whereby a player is sick. Players will rest at the College Residency, with the members of staff living there able to take care of anything needed.

### How do we get to Borgomanero?

We recommend booking flights to Milan Malpensa Airport due to the distance and close proximity to Borgomanero (30 minute drive). When flights are booked, we kindly ask families to share booking details with College so we can add it onto our master schedule and be able to assist players with a lift to and from the airport. Please kindly note that College are not responsible for booking flights for players.

### What information do we need to provide?

Upon deciding to join College, our staff will share some forms listing all the information we required. This includes a complete medical history, emergency contact details etc.

### Do I need to speak Italian?

Players do not need to arrive with any prior knowledge of Italian. It is expected that players will learn Italian when they are here, which is done easily from their time at school and the practices that take place at College. While we are fortunate to have an English-speaking staff, team practices are conducted primarily in Italian with some short segments in English.

### What do players do in their free time?

During the year, players may wish to take a trip to the movies, to the mall or go into town for gelato. If doing this, players must let the staff members at the residency know of their whereabouts, as well as always staying in the company of another player. We are not here to “police” you but your safety is important to us.

# COLLEGE BASKETBALL

*Four top reasons to join College*

***ELITE BASKETBALL PROGRAM*** *with Full-Time Professional Coaches*

***Sports Medicine and Strength & Conditioning***

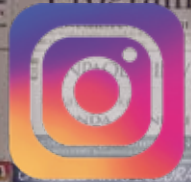
***Some of the Best Youth Players in Europe***

***Highest Level Youth Competitions***

**COLLEGE BASKETBALL**



# *Pallacanestro College Basketball*



# *Collegebasket*

Instagram



# *CollegeBKTV*



# *info@collegebasketball.it*



# *+39 333 93 90 325*



*We know that moving countries to pursue your basketball dream is a life-changing decision. Our commitment as the College Family is to do everything in our power to make the transition as seamless and easy as possible for you.*

*We want your time with us to be something you look back on in future years with the protest of memories.*

*We know that at the end of the day it comes down to not how much we know as coaches, but how much we care.  
We are here for you in your journey as you grow as both a basketball player and a person.*

*We sincerely hope to welcome you to the College Family and to make Borgomanero your new home!*

**P**  
**ALACADORNA**  
**WELCOME TO**  
**HOME OF COLLEGE BASKETBALL**